

REMOTE MUSICAL ADVENTURE DAY



ACTIVITY #4 INSTRUCTIONS

MOVEMENT

WE WILL BE WORKING TOWARDS ANOTHER 20-30 SECOND RECORDING, THIS TIME BASED ON THE SECONDED OBSERVATION STOP - MOVEMENT.

THERE ARE TWO OPTIONS FOR THIS ACTIVITY...

OPTION A:

- LOOK AT YOUR LIST FROM OBSERVATION STOP 2 - MOVEMENT. CHOOSE ONE.
- THINK ABOUT THE RHYTHM AND TEMPO OF THAT MOVEMENT. WAS IT CONTINUOUS OR SPORADIC? WAS IT FAST OR SLOW? DID IT CHANGE? WAS IT SUBTLE OR DOMINATING? DID IT EFFECT ANYTHING AROUND IT?
- AS WE DID WITH 'WHAT YOU HEARD', PICK ONE, A FEW OR ALL OF THE ELEMENTS YOU NOTICE ABOUT YOU'RE CHOSEN MOVEMENT AND EXPERIMENT WITH THEM ON YOUR INSTRUMENT/SOUNDS SOURCE. KEEP IT RHYTHMICAL OR ADD PITCH.
- SPEND NO MORE THAN 20 MINUTES PLAYING/EXPERIMENTING WITH THIS. YOU MAY WANT TO KEEP FREE AND IMPROVISED OR A PATTERN MIGHT EMERGE THAT YOU WISH TO STICK WITH OR DEVELOP.
- PERFORM AND RECORD A 20-30 SECONDS SAMPLE OF WHAT YOU HAVE BEEN PLAYING. THIS MAY BE IMPROVISE OR A SET IDEA, OR MIXTURE OF BOTH. IF WHAT YOU WANT TO PLAY IS SHORTER THAN 20 SECONDS JUST REPEAT IT.

OPTION B:

- THIS IS A CREATIVE WRITING ACTIVITY.
- LOOK AT YOUR LIST OF MOVEMENTS FROM OBSERVATION STOP 2 AND PUT THEM INTO AN ORDER OF YOUR CHOICE.
- LEAVE IT HOW IT IS OR ADD WORDS TO CREATE SENTENCES. IT COULD TAKE THE FORM OF SIMPLY A PIECE OF WRITING, A POEM, SPOKEN WORD, RAP OR YOU MAY WANT TO ADD PITCH AND TURN IT INTO A SONG.
- PRACTISE SPEAKING/RAPPING/SINGING YOUR WRITING AND TIME IT, MAKING SURE IT LAST BETWEEN 20 - 30 SECONDS. IF IT IS UNDER 20 SECONDS PERFORM IT SLOWER, ADD SILENCE BETWEEN WORDS OR REPEAT SOME OF IT.

SPEND NO MORE THAN 20 MINUTES ON THIS THEN RECORD IT.

THERE ARE NO BOUNDARIES TO HOW YOU APPROACH THIS. BE AS ABSTRACT OR AS CONFINED AS YOU LIKE!